

UNISERV Director's Report

May, 2014

Lorri Hayes, Southern Region

UNISERV DIRECTOR'S REPORT

Welcome Everyone, to the Southern and South Central Membership Dinner .

Thank you for joining us this evening.

I am looking forward to negotiations next year. I have attempted to reach out to each local to request a meeting this spring to prepare for negotiations next fall. If you are negotiating next year, let me know when you are available this spring to meet.

It would be my pleasure to visit your local to attend a membership meeting, provide training to your Executive Board, or to conduct some organizational development training with your members. Please do not hesitate to contact me. I have a direct dial line (603) 715-9314. Kris Fessenden is also available to assist with any membership questions. She can be reached at (603)715-9309.

Lorri Hayes



NHRS Offers Online Annual Statements Through My Account Portal

Since its launch in 2010, nearly 23,000 members and pension recipients have signed up for *My Account*, the New Hampshire Retirement System's online portal where users can access their personal account information from any computer.

NHRS recently added a new feature to *My Account*. Members may now view, print, and download their annual statements. Online statements, which are available for every year since 2009, are identical to paper statements - the only difference is that they are delivered securely through *My Account* instead of through the mail.

To create an account or access an existing account, members may visit the NHRS homepage at <http://www.nhrs.org/> and click on *My Account*. Online documentation including "How to Create an Account" and "My Account User Guide" is available to assist members with accessing and navigating their online account information. These tools are available on the Members Resources page at <http://www.nhrs.org/Members/wms.aspx>.

Public Information Office

New Hampshire Retirement System

public_relations@nhrs.org

Centers for Disease Control and Prevention National Center for Injury Prevention and Control Division of Violence Prevention Calling all School Personnel: New Resource About Bullying and Suicide

Do you work in a school setting and have concerns about bullying and suicide among school-aged youth?

If so, there is a new resource out of CDC's Division of Violence Prevention, *The Relationship between Bullying and Suicide: What We Know and What it Means for Schools* <<http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>>, that may help. This resource provides you and other school personnel with:

- * The most current research findings about the relationship between bullying and suicide among school-aged youth; and
- * Action-oriented evidence-based suggestions to prevent and control bullying and suicide-related behavior in schools.

Spread the Word

Link to the Resource from your Website

- * *The Relationship between Bullying and Suicide: What We Know and What it Means for Schools* <<http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>>

This document summarizes the latest research on the relationship between bullying and suicide-related behavior and suggests school-based strategies to prevent and control bullying and suicide-related behavior. Included are relevant research findings reported in the *Journal of Adolescent Health's* July 2013 Supplement, "Bullying and Suicide: A Public Health Approach" <http://www.jahonline.org/issues?issue_key=S1054-139X%2813%29X0015-1>."

Mention the Resource on your Social Media Channels Facebook

- * School personnel can help stop bullying and suicide-related behavior before they start. CDC has outlined actions that personnel can take to help students feel more connected and accepting of themselves and others. <http://go.usa.gov/kjRB>
- * Teaching young people problem solving and coping skills can help prevent bullying and suicide-related behaviors. Here are more ways that school personnel can empower students to thrive. <http://go.usa.gov/kjRB>

Twitter

- * Schools can stop bullying & suicide-related behavior before they start. @CDCInjury shows how. #VetoViolence <http://go.usa.gov/kjRB>
- * Giving youth problem solving & coping skills helps prevent bullying/suicide. Learn more. @CDCInjury #VetoViolence <http://go.usa.gov/kjRB>

More Information

- CDC: Featured Topic: Bullying Research <<http://www.cdc.gov/violenceprevention/youthviolence/bullyingresearch/index.html>>
- CDC: Suicide Prevention <<http://www.cdc.gov/violenceprevention/suicide/index.html>>
- Stopbullying.gov <<http://www.stopbullying.gov/>>
- National Suicide Prevention Lifeline <<http://www.suicidepreventionlifeline.org/>>, 1-800-273-TALK (8255)

Centers for Disease Control and Prevention • 1600 Clifton Road, Atlanta, GA 30333 • 800-CDC-INFO (800-232-4636 <tel:%28800-232-4636>)



Sample Bargaining Surveys

NEA NH has many sample bargaining surveys that we would enjoy sharing with our locals. If you would like assistance drafting or preparing a bargaining survey, please contact me. If you would like to share a bargaining survey, please contact me. We would love to receive as many bargaining surveys as possible to share with our members.